



AIDS Programs South Saskatchewan

2013/2014 Annual Report

**Supporting individuals, families, and communities
that are infected and affected by HIV/AIDS/HCV
throughout southern Saskatchewan**

June 2014

AIDS Programs South Saskatchewan

AIDS Programs South Saskatchewan is a non-profit organization that has been serving Regina and southern Saskatchewan for over 27 years.

Our Mission

- Provide relevant and accessible services and programs, and foster connections for individuals, families and communities affected by, living with, or at risk of HIV/AIDS/HCV.

Our Vision

- To be a trusted leader in HIV/AIDS and HCV education, prevention, support and care.

Our Values

- We are **respectful** – recognizing the worth and dignity of each person
- We are **confidential** – respecting each individual's right to anonymity
- We are **accountable** – transparent in all interactions
- We treat people with **integrity** – acting in an honest and ethical manner, doing what we say we will do and following through on commitments
- We respond to people with **compassion** – we treat everyone with empathy, gentleness, acceptance and kindness
- We strive for **excellence** – we provide reliable, quality service as informed by the people we interact with and through self-reflection

Everyone has a status – do you know yours?

Board of Directors

Our versatile board of directors has been busy the last year. Each of them brings dedication and specialized knowledge to their support of this agency.

Co-chair

Michelle Bilan

Co-Chair

david Gregory

Secretary

Syd Bolt

Treasurer

Mewael Eyob

Director

Christine Chang

Director

Jon Claggett

Director

Ezra James Paul

Director

Heather Temple

Staff

Our passionate and committed staff brings energy and knowledge to their roles. Working as a team is essential to the success of the agency and the service it provides.

Executive Director

Brian Wiens

Administrative Coordinator (finished March, 2014)

Cindy O'Connor

Support Services Coordinator

Morag Hurn

Life Skills Coordinator (finished February, 2014)

Blaire Pelletier

Drop-In Program Coordinator

Kayla Lerat

Needle Exchange Coordinator

Andrew Horn

Education & Outreach Coordinators

Alicia Slywka (finished November, 2013)

Bobbi Gelsinger (began November, 2013)

Education Facilitators

Kasey Mahnic (finished April, 2014)

Whitney Sanders (finished February, 2014)

Circle of Courage Peer Support Coordinator

Krista Shore

At Risk Support Group Facilitator

Dan Lindsay

Casual

Chanda Fuchs, Kristal Lockhart, Laurie Nelson, Pam Moran, Sarah Brooks, Sara Weiss, Katelin MacPherson and Eldon Janzen

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AIDS Programs South Saskatchewan is registered as a charity with Canada Revenue Agency: 118779057 RR0001

Message from the Co-Chairs

A trend seems to be developing in regard to the annual message from the Board Co-chair! Last year's message spoke to the significant changes that had taken place in 2012/2013. It would be impossible to prepare this year's message without addressing the very same topic. And while change is always challenging, it is also necessary in order to not only survive, but to thrive in today's world. We believe that the changes AIDS Programs South Saskatchewan is undertaking will make us more aware, more responsive, more effective, and more accountable.

The changes this term began with the election of a board comprised of only one returning member! In order to optimize skill sets and synergy, 2 co-chairs were selected in lieu of the traditional single chairperson. This system has worked well, and will continue into the 2014-2015 term. In addition, we were able to recruit a board member with significant financial expertise to serve as treasurer and advisor. Other board members have brought specialized knowledge in a variety of areas including media relations, social networks, corrections, education, social work, and perhaps most importantly, previous experience in Board governance. The Board also suffered a significant loss this winter with the passing of one of our Community representatives. She is missed and remembered.

The first order of business for the new board was to recruit a new Executive Director, as the organization had been functioning with an Acting ED for some time. Having a permanent ED in place has allowed the organization to take a calculated look at our inner workings, to engage in an intensive Strategic Planning process, and to begin the necessary processes to implement the new strategy.

Evaluation and adaptation are necessary, as the reporting requirements for a number of funders have shifted from output or process reporting towards outcome or result reporting. This shift is challenging for all members of the organization, from the Board to the ED to the front-line worker, as changes are required not only in the way grant proposals are written but also in how programs are delivered, how data is collected and how outcomes are evaluated. Part of this change process has involved an assessment and re-alignment of duties. This realignment, in conjunction with a significantly reduced budget for the 2014-2015 fiscal year, resulted in the departure of one of our long-term valued employees. At times like this, when difficult decisions have to be made, we need to be particularly aware of our ultimate goal. We know that AIDS Programs has always delivered high quality programming and services that have improved the quality of individual's lives. Now AIDS Programs is fine-tuning those services and ensuring that our funders see the results of the organization's hard work and expertise.

As we head into the coming year, effective, client-centered HIV care will continue to be the mission at AIDS Programs. Every change has been targeted to achieve this mission, and it is with great anticipation that we look forward to realizing the amazing work that is done at AIDS Programs each and every day.

Michelle Bilan and David Gregory

Message from the Executive Director

As the incoming Executive Director it has been a privilege to serve with AIDS Programs South Saskatchewan over the last nine months. This has been a time of change and transition for the organization, some of it difficult, but as I reflect on what has transpired and consider the opportunities before us I am encouraged by the many strengths of this organization.

- We have a strong team of skilled and passionate staff who believe in this organization and its vision
- The Board of Directors is engaged with the organization and represents many sectors of society
- As a result of our strategic planning session in January, we have renewed vision and mission statements that represent the collaborate work of the board and staff and will serve as a compass for the organization's development in the coming years (please refer to the first page of this report booklet for a statement of the renewed vision, mission, and values).
- AIDS Programs has a strong core funding base and excellent relationships with all our funders.
- A salary review has been completed and implemented. We now have a more competitive salary structure for all staff.
- As will be evident in the program reports, AIDS Programs has growing relationships with health regions (RQHR and Five Hills Health Region), and many community based organizations, that enable collaboration in service delivery. Staff have excelled at developing these partnerships.
- Thanks to the contributions of generous community partners the Jerome Nagel/Ric Ranger Wellness Fund continues to support much needed client care and has a healthy balance.
- A core of enthusiastic volunteers supports the day to day work of the organization. More volunteers are signing up weekly.
- The work being done in the area of communications shows promise for increasing the effectiveness of the organization in providing accessible services to the large geographic area that we serve.
- Building on the excellent outputs measurement system already in place, we are taking initial steps toward increasing our capacity to better evaluate outcomes in our primary program areas.

I am eager to lean into the opportunities before us in the coming year. I regularly read reports indicating that while progress is being made, HIV/AIDS and HCV are still infecting and affecting many individuals and families in Regina and Southern Saskatchewan. The work that this organization does matters greatly. As we continue to invest in client care as well as education, prevention, and outreach, our hope is that better health outcomes will be experienced by the many people we serve.

Needle Exchange Program

AIDS Programs South Saskatchewan, in partnership with the Regina Qu'Appelle Health Region (RQHR), operates one of the provinces busiest Needle Exchange Programs (NEP). The NEP is open 6 days a week – Monday to Friday 9am to 5pm and Saturday 10am to 5pm. The demand for this program continues to grow from individuals throughout southern Saskatchewan. Individuals working in the exchange strive to treat every individual who accesses the program with respect, compassion and care.

Within our NEP we give out supplies at no cost including clean needles, cookers, filters, ties, alcohol swabs, filters, condoms and sharps containers. We also provide informational resources about a variety of topics and do referrals. As well as directly taking used needles into our agency, staff also respond to calls about stray needles in the community and safely collect and discard them. When engaging in conversation during an exchange, it is not uncommon for staff to encourage safe injection practices and to offer supplies to support those practices. If an individual hasn't used those items before, staff can explain why they should be using that item while injecting. We are also constantly updating our whiteboards and poster boards with information about safe drug use, services available and statistics. We have found these information hubs to initiate conversation and be useful tools when engaging with individuals.

This year a request was made to RQHR for an increase in the supply of condoms. Prior to the increase, our agency was receiving 375 condoms but we continually were running out before the week was over. RQHR increased our condom supply to 575 allowing us to have condoms available for individuals on a consistent basis.

In early 2014, we had a woman come running into the exchange holding her wrist. She was asking for alcohol swabs and gauze. While one of our nursing students was gathering supplies for her, our NEP coordinator attempted to calm her down. After a couple moments the woman explained that she had attempted suicide due to a family situation. It was thanks to those two individuals being in the exchange that she pursued additional medical treatment and came back the next day to say how thankful she was for the assistance she received.

AIDS Programs South Saskatchewan Needle Exchange Program Statistics for 2013/2014:

Needles distributed: 1,522,237

Needles returned: 1,475,797

Return Rate: 97%

NEP contacts between ages of 10 – 60+

Female: 9,827

Male: 11,573

Other: 11

Condoms distributed: 21,430

Drop In Centre

This year a transformation occurred with the drop in centre. We strongly encourage individuals to think of the space as theirs. We listen to the feedback they give and try to respond and ensure that the area is guest driven. The team worked hard to ensure that the space didn't feel like a medical office, and the response has been positive. Individuals comment on the layout noting that the space is safe, comfortable and welcoming. The team has also put a large emphasis on updating the resources within the space. This includes a bookshelf stocked with items, as well as whiteboards and cork boards with information about a variety of topics.

It is with huge thanks that we were able to have Roberto Lopez Lopez, a local artist who has done work in the community, paint a mural on our focus wall. This year we also added a new computer and a second phone line that are both in constant use. There was also an idea to name the drop in centre. We had individuals who access the program provide suggestions for possible names. After the top 3 names were selected, individuals who use the drop-in voted on the name and now the space is known as the Queen City Exchange.

We could not provide toast and coffee to the individuals visiting the space without the support from the Regina Food Bank and Orange Boot Bakery. The Orange Boot Bakery provides us baked goods on a consistent basis that allow us to have the goods available all day. We are also extremely thankful for the donation of feminine products and items such as shampoo, conditioner and lotion.

We also have some additional weekly supports in our drop in including:

Tuesday PM: RQHR Addictions Counsellor on-site. The counsellor can answer questions, talk about programs and services and make referrals if necessary.

Wednesday PM: Carmichael Outreach Housing Support Worker on-site. Individuals who are having issues with landlords, looking for places to rent, or have housing related questions can access direct support.

Thursday PM: RQHR Public Health Nurse. Health-related concerns can be addressed and testing for HIV/AIDS, pregnancy, and STI's is provided.

RQHR Public Health Nurse	RQHR Addictions Services
Hours Spent: 120	Hours Spent: 69.5
Clients consulted: 93	Clients consulted: 29
Individuals tested: 86	Treatment/Program referrals: 5
Immunizations: 19	Addictions information: 9

We estimate the Queen City Exchange had an average of 2,500 visits each month during the 2013/2014 fiscal year (this number does not include the individuals accessing the needle exchange program)

Anyone At Risk Support Group

Funded by the RQHR HIV Strategy, the “Anyone-at-Risk” support group meets in the Queen City Exchange each Thursday evening starting at 5:00 p.m. At each session, attendees are provided with a meal and childcare if needed. The group begins with smudging, along with Elder teachings provided by Norma Jean Byrd, followed by a talking circle, in which each individual is invited to share their thoughts and experience. Through the fall average weekly attendance was about 7 participants, and in January through March average attendance jumped to about 10 participants per week. The group continues to draw both regular attenders and newcomers. The group facilitator, Dan Lindsay, estimates that there are approximately 10 individuals who attend on more than a semi-regular basis. A sense of ownership of the group has developed within some of the core members. The group also worked through considerable loss this last year with the deaths of two regular attendees.

One of the strengths of this group has been continuity of leadership. Both Dan Lindsay and Norma Jean Byrd are highly committed to the group and connect with participants on a personal level during group times as well as other times. Dan also provides rides as needed and AIDS Programs provides taxi service when required. At various points the group has also had a peer support mentor (an HIV+ peer). Efforts are underway to enlist the help of a new peer for the coming months.

One of the major outcomes of this group is that it is building community among the group members. Members are forming supportive friendships outside of this circle. This is what ‘peer support’ is really all about. It is not uncommon now for a couple, a few, or many group members to attend AA/NA meetings together, go to the Sunday sweats, or attend other cultural activities within the community together.

Circle Of Courage Support Group

The Circle of Courage Support Group (COC) is a bi-weekly group funded through RQHR that is facilitated by Krista Shore. The group supports HIV infected and affected mothers and their children and provides resources, skills, and relationships so that they can adhere to HIV treatment and live healthy lives. Education and support outings and guest speakers are a regular part of the program, and an Elder is normally present for each session. A long-term goal of this program is for participants to become mentors to other HIV-positive women who may be considering pregnancy or who are already pregnant.

Based on the last two years, participation in the COC support group can be represented as follows:

Number of women who have/are participating in COC	15
Resulting from issues of confidentiality and stigma most participants are self-referred.	
Number of COC participants who are HIV+ and aware	14 plus 1 serodiscordant
“Serodiscordant” refers to a relationship with one HIV+ partner.	
Number of COC participants who are linked to HIV care	12
Number of COC participants retained in HIV care	9

There are a number of barriers to retention in care and adherence to Anti-Retroviral Therapy (ART) that Krista observes. Two that she readily identifies are life-controlling addictions and housing issues.

Number of COC participants who need ART	9
Number of COC participants who are adherent to ART	7
Number of COC participants who have suppressed viral load	7

Education

There were significant personnel and program changes within the Education and Outreach program over the last year. Alicia Slywka moved on to other opportunities in November, and Bobbi Gelsinger stepped into the Coordinator role and along with Kasey Mahnic poured lots of energy into renewing the Education focus of AIDS Programs. Whitney Sanders was also with us until early in the new year and was able to present a number of HIV sessions to nursing students in a variety of contexts.

The team felt that having a focus within the program would be beneficial so we chose stigma. Reducing stigma is something that everyone can do, as an individual or group. We also wanted to emphasize the importance that everyone understands that ANYONE can be at risk. In every presentation, we discuss stigma, the impact it can have and what individuals and groups can do to reduce HIV related stigma. During a couple presentations, we have been fortunate to have one of our HIV+ individuals join us and share her experience. Workshops and presentations are provided at no charge and are tailored to meet the needs of the target audiences.

In January, the priority was increasing our reach and the best way to do so was through email. The team revamped the letter that is sent out to groups and created an email distribution list. From the letters that were sent out, there was a large interest from various groups throughout southern Saskatchewan. Our reach expanded from schools to youth homes, organizations, life skill groups and other programs. Thanks to the work of the team, our relationship with the Nursing Programs in Regina (SIAST and U of R) has drastically increased. We are now very well connected with both groups providing regular workshops to all years of students. We also obtain volunteers and students from these presentations.

After sending out letters to schools in Southern Saskatchewan, we recreated all the presentations. We are now pleased to offer presentations about HIV/AIDS, Hepatitis C, Sexual Health, Testing and Care and Harm Reduction. HIV/AIDS continues to be the most requested presentation; however Hepatitis C and Sexual Health have increased in demand. As the requests for sexual health presentations increased, we began to team up with Planned Parenthood Regina (PPR). The correlation between HIV, sexual health and Hepatitis C is large in our province. The partnership flourished and now requests are being made at both agencies to have the joint presentations provided. We are extremely thankful for PPR's involvement and support of the education program and thrilled to increase our reach through the partnership.

Our reach for presentations drastically increased this year as well. Our access to Regina public schools is still limited, but we have had many opportunities to provide presentations to the staff and students of rural schools. Work is still being done to connect with the Regina Public School Board to allow us to provide presentations within Regina schools. We were invited to the Community Agencies and Schools Supporting Youth (CASSY) Conference in October 2014 and we hope that event will further the relationship with Regina schools.

Kasey Mahnic showed great initiative in planning an event for January called Paint the Town Red. The interest from the public to attend this event was sensational. We had around 100 individuals fill the basement of the Gay & Lesbian Community of Regina (GLCR) for the event. Our thanks to Nancy, Mike and Andrew for their inspirational and informative words provided to the attendees. Kasey was instrumental in making the event interactive and informative.

In 2013/2014, the team provided 81 presentations to 1358 individuals in southern Saskatchewan.

Outreach

The team searched for various events within southern Saskatchewan at which we could provide outreach services. From this search came a number of opportunities to engage with various populations and increase awareness about HIV and AIDS Programs South Saskatchewan.

World AIDS Day brings together a committee of individuals to coordinate and carry out events to raise awareness about HIV/AIDS in our province. We were also fortunate to be involved with CJME Talk with the Experts involving Bobbi, Brian, Susanne Nasewich, Dr. Wong and an HIV+ individual. This broadcast was available throughout southern Saskatchewan estimated to reach around 50,000 individuals! On November 30th, our team participated in the 2nd annual condom crawl at Regina Bars. The candlelight vigil on November 30th received media coverage and attendance from community members.

Annually the AIDS Benefit is hosted at the Gay & Lesbian Community of Regina. Decorated with quilts made by individuals who are no longer with us and red ribbons throughout, the space was spectacular. The entire evening brought about many emotions but it was powerful to see the support we have for HIV/AIDS related work in our province. We cannot say thank you enough to the RSAR (Regal Social Agency of Regina) & GLCR for their overwhelming support for this agency, and the individuals it serves. We had a booth set up at this event for individuals to access information.

We attended the Newcomer Fair hosted by Regina Open Door Society in March. At this event, there were over 300 individuals who came through the door! It was a well organized event and a great opportunity to support the work being done by Regina Open Door Society.

The Saskatchewan Healthcare Excellence Awards was a perfect opportunity to display outreach information. We set up a booth in the lobby with various resources for individuals to collect. After the completion of the awards, we had a request for 2 presentations from individuals who attended the event.

Again this year we were selected to be a non-profit organization in the annual Timeraiser event. Individuals expressed interest in volunteering with AIDS Programs and there was opportunity to promote the programs offered by this agency.

A calendar was created to identify national and international awareness days. We felt this should be a focus of the outreach program and that we have the capacity to plan events on these dates with the abundance of resources we have.

In 2013/2014, the team provided 152.5 outreach hours in southern Saskatchewan.

Social Media

The social media presence of AIDS Programs was also increased this year. Social media is an efficient way for information to be sent out and received, and it allows this agency to connect with other organizations throughout the world.

We continue to have an active Facebook and Twitter accounts but this year we added an Instagram and Slideshare account. Both sources have provided the opportunity to connect with individuals and organizations. Slideshare has also been instrumental in allowing individuals to preview the presentations prior to requesting education services.

Life Skills

Blair Pelletier was hired in August to facilitate the Empowering People life skills class. Two 12 week modules were offered, running from September through November, and January through March. Healing Hearts graciously allowed us to use their building on Angus street at a minimal cost. Attendance through the fall module was small but fairly consistent with about 4-5 individuals attending. Content for the classes included several sessions on HIV/AIDS, teaching on drug and alcohol addictions, traditional teachings taught by a local Elder, an anger management program facilitated by an instructor from the Salvation Army, and many sharing circles in which participants could process what was happening in their lives. The group also went on a number of outings. A graduation celebration was held on November 28th complete with a ham and turkey dinner and special guest musician Eroll Kinistino. Five certificates were granted.

The winter module did not go as planned. Attendance was very low and sporadic from the outset. Blair did his best to recruit additional participants but the situation did not improve. The class was discontinued in the middle of February.

Support Services

Support Services' client base continues to grow due in part to our partners in the Regina Qu'Appelle Health Region and Five Hills Health Region referring clients to us that they feel would benefit from our services. We currently serve approximately 100 – 125 HIV+ clients. Many of these clients require little or no care, some require practical help and some require someone to talk to on a regular basis. Our growth would not be possible if it weren't for the support given to Jerome Nagel/Ric Ranger Wellness fund by the Regal Social Association of Regina (RSAR), Gay & Lesbian Community of Regina (GLCR), the Annual Scotiabank AIDS Walk for Life, World AIDS Day donations and a host of other donors.

Sadly this year we once again said goodbye to clients and also a co-worker. I (Morag) was given the privilege of being with a few at the end and it was experience that I will always be grateful to have been allowed to share. These clients will never be truly gone because we will always carry a wonderful memory of each of them.

I would like to share a moment from this year. This gentleman was a "hard case" not one to share warm fuzzy feelings. If he liked you, he would tell you where to get off. If he didn't he would literally just not talk to you. I was privilege to be with him when he was near the end and I was visiting him and his grandmother in the hospital. He was unable to control his muscles, was going in and out of consciousness, and unable to speak at this time. He would get agitated enough that he still knew what was going on. His grandmother wanted to go

for a cigarette so I said I would help her as she had difficulty getting around. My client started to get agitated, so I teased "No you can't come for a cigarette, it's bad for your health." Imagine my surprise (and to be honest joy) when he raised his arm and gave me the finger! Its moments like that which makes my job the best job ever.

Another moment I would like to share with you happened after another one of our clients passed. His sister came in to donate some of his items to us and wanting someone to talk to. The interesting thing about this was the sister did NOT know that her brother was a client with us. She found out he was HIV+ only after he died. What this demonstrates is the stigma that is still attached to this illness and the work we still need to do.

Jerome Nagel/Ric Ranger Wellness Fund

Jerome Nagel and Ric Ranger left a legacy to assist individuals living with HIV/AIDS. Each year AIDS Programs, through external fundraising, raises money to maintain that fund for HIV+ clients. The annual Scotiabank AIDS Walk for Life and the World AIDS Day fundraiser hosted by the GLCR/RSAR are examples of those fundraising activities. The Wellness Fund provides assistance to clients who are diagnosed with HIV/AIDS for healthy living related expenses not covered by the provincial health plan or any other agency. In addition, the fund continues to provide financial assistance to pay for medications, massage therapy, medical/occupational therapy, transportation to doctor visits, baby formula, psychologist services, and other needs directly related to HIV positive status. Mileage for our Client Care Coordinator is also paid for by this fund.

AIDS Programs also sends clients to participate in educational opportunities. In March of 2013, 5 clients were sponsored to attend a 2 ½ day retreat for HIV+ individuals and their caregivers. The retreat, called Heartsong, took place at a monastery in the Winnipeg area.

Fundraising Activities

The **Spring for Life** annual **Gerbera Daisy** sale was held May 23rd and 24th. Thanks to the support of the Scarth Street Mall, the Regina General Hospital, the Wascana Rehabilitation Centre, and the Wascana Flower Shoppe, over \$3,000 worth of daisies were sold and over \$600.00 was raised for the Wellness Fund.

AIDS Programs and All Nations Hope AIDS Network once again partnered in the annual **Scotiabank AIDS Walk for Life** which took place on September 15th. Total income for the event was \$7,119. Expenses were minimal and proceeds were divided equally between the two organizations. AIDS Programs used its portion to support the Jerome Nagel/Ric Ranger Wellness Fund.

AIDS Programs was again one of the charities selected by the **Regal Social Association of Regina (RSAR)**. Throughout the year, the RSAR hosts events including drag shows and bingos to provide financial assistance to other organizations. The individuals involved with the RSAR are committed and passionate individuals who go above and beyond to help out local groups in our city. In November the RSAR presented AIDS Programs with a cheque for \$4800.00 all of which was designated for the Jerome Nagel/Ric Ranger Wellness Fund. Thank-You!

World AIDS Day was commemorated on Dec. 1st. The **Gay and Lesbian Community of Regina (GLCR)** hosted a fundraiser for AIDS Programs and raised \$3614.12 in one evening for the Jerome Nagel/Ric Ranger Wellness Fund. The volunteer servers at the club even contributed their tips from the evening (over \$300.00) in order to contribute to the fund.

The 2014 **Saskatchewan Healthcare Excellence Awards** took place on March 8th at the Conexus Art Centre. Founding and presenting sponsor, Dr. Roberta McKay and her husband, Elmer Brenner, were gracious hosts. We were extremely pleased to have in attendance the Lieutenant Governor of Saskatchewan, her Honour the Honourable Vaughn Solomon Schofield. The event featured a live performance by the Saskatchewan Youth Ballet, and there was opportunity throughout the evening to highlight the work of AIDS Programs in Southern Saskatchewan. The event raised a little over \$12,000.

The Regina Police Service (RPS) hosts an annual spring marathon and we have been fortunate to operate a station to provide Gatorade and water to all participants in the event. For our involvement in the event the RPS provided AIDS Programs with a cheque for \$500.00.

Volunteers and Students

Students and volunteers are a core foundation of our agency! We have students come from the University of Regina Faculty of Social Work, SIAST Nursing Program, University of Regina Nursing Program, and University of Saskatchewan Nursing Program. We also acquired volunteers from the Regina Timeraiser event, word of mouth, outreach and education events, ARTCares 2014, and our social media sources.

During their time with us, students and volunteers are welcome to be involved in the following areas; permitting work is needed in those areas.

- Administration
- Governance
- Support Services
- Education/Outreach
- Fundraising
- Public Events
- Needle Exchange Program

This year, three of our volunteers were nominated for awards with the 2nd annual North Central Volunteer Awards event - two of the three won in their categories.

New volunteers signed up in 2013/2014: 42 individuals

Existing volunteers who completed hours in 2013/2014: 18 individuals

Total volunteer hours completed in 2013/2014: 525.5

University of Regina Social Work practicum students: 2

Hours completed: 900

Nursing practicum students from University of Regina, SIAST and University of Saskatchewan: 9

Hours completed: 1827

From our staff, students, volunteers and guests, thank you to the following groups and individuals for their support over the last year!

Our Funders:



Dr. Roberta McKay

Our Partners:



Community Partners:

- All Nations Hope Network
- Andrew Huculak
- Carmichael Outreach
- City of Regina
- Gay & Lesbian Community of Regina
- MAC Cosmetics of Regina
- Moose Jaw HIV Strategy
- Newo Yotina Friendship Centre
- North Central Community Association
- North Central Family Centre
- Orange Boot Bakery
- Parliament Community Church
- Planned Parenthood Regina
- Regal Social Association of Regina
- Regina Qu'Appelle Health Region
- Regina & District Food Bank
- Regina Rent-It Centre
- Santa's Little Elves
- Scotiabank
- SIAST Nursing Program
- Starbucks
- Street Workers' Advocacy Project
- University of Regina Social Work Program
- University of Regina Nursing Program
- University of Saskatchewan Nursing Program
- UR Pride Centre for Sexuality and Diversity
- Wascana Flower Shoppe
- Western Litho